

# Lung Capacity

## Quizz and FAQ

- 1) The lung capacity of a children is bigger than lung capacity of an adult.
  - True
  - False
  
- 2) When we are breathing normally, how much air do we exchange?
  - 50ml.
  - 150 ml.
  - 500ml.
  - 1000ml.
  
- 3) When we breathe deeply, can we exhale the whole amount of air?
  - Yes.
  - No.
  
- 4) Which person has the expected greatest lung capacity:
  - 20 years old healthy, non-tall, non-obese female, living at the sea level
  - 30 years old healthy, non-tall, obese male, living at the sea level
  - 30 years old tall, non-obese male, living at higher altitude
  
- 5) The lung capacity in an adult is approximately 6l. What that means?
  - An average adult has 6l of air in his lungs.
  - When an adult is breathing normally, he exchanges 6l of air at a time.
  - The normal result of a spirometry test in an average adult is 6l.



## Quizz and FAQ

- 1) The lung capacity of a children is bigger than lung capacity of an adult.  
- False
- 2) When we are breathing normally, how much air do we exchange?  
-500ml.
- 3) When we breathe deeply, can we exhale the whole amount of air?  
-No. When we breath out deeply, we cannot exhale all the air-the certain volume of the air stays in the lungs to create the necessary pressure in the lungs for their proper functioning.
- 4) Which person has the expected greatest lung capacity:  
- 30 years old tall, non-obese male, living at higher altitude
- 5) The lung capacity in an adult is approximately 6l. What that means?  
- An average adult has 6l of air in his lungs.